

# FIRST 3 YEARS

INFANT MENTAL HEALTH ENDORSEMENT®

## Mental Health Specialist

Scope of work:  
**Treatment**



Serves children  
ages 0-3



### WHO

Parent-Infant Psychotherapist, Parent-Child Psychotherapist, Infant Mental Health Specialist, Private Practice Therapist, etc.

### DO YOU...

- Accurately interpret information from informal and formal observations and assessments to identify capacities and strengths as well as developmental delays and/or emotional disturbances in infants served?
- Develop service plans that take into account the unique needs, desires, history, lifestyle, concerns, strengths, resources, cultural community, and priorities of each infant?

### DO YOU...

- Effectively implement relationship-focused, therapeutic parent-infant interventions that enhance the capacities of parents and infants?
- And more?



### IF YOU ANSWERED YES...

You provide culturally sensitive, relationship-focused, infant mental health treatment services intended to explicitly address issues related to attachment, separation, trauma and unresolved grief and loss as they affect the attachment relationship, development, behavior and care of the infant.



### RECOGNIZE YOUR EXPERTISE

Endorsement® connects your professional experiences with a set of competencies that recognize your infant mental health treatment expertise.



### BENEFITS OF ENDORSEMENT®

- Enhance the quality of your relationship-based services
- Participate in ongoing and targeted professional development opportunities
- Join an international network of infant mental health professionals



INTERESTED?

Contact F3Y's Endorsement Coordinator!  
[endorsement@first3yearstx.org](mailto:endorsement@first3yearstx.org)