Dear First3Years Stakeholders,

As we look back on 2018, we’re thankful for supporters such as you who enable us to continue our work in helping infants, toddlers, and their families to thrive. 2018 marked another record year of growth for First3Years, increasing our overall revenue by 25%. More important than the revenue growth is our increased impact across Texas. Here is a glance at our work:

• Improving the Health and Well-being of Maltreated Infants and Toddlers: Our independent evaluation of Safe Babies by The Institute for Family and Child Wellbeing at UT Austin showed:
  o Increased reunification for Safe Babies vs. comparison groups, meaning families are more likely to experience healing and return home together.
  o Decreased recidivism, meaning that when children exit foster care, they are NOT re-entering the system 6 or 12 months later measured against the comparison group showing 11% & 17%.
  o Better health outcomes. Safe Babies cases are more likely to be referred to and receive early intervention services and exit foster care developmentally on track.

• Partnering to Promote Relational Health: In partnership with Columbia University and UNT, First3Years is launching an initiative to focus on relational health screenings through use of the Welch Emotional Connection Screen (WECS). This is the first community-based implementation of the model in the country. “The WECS can help professionals who work with families to better understand behavioral problems in a new way and provides more helpful support based on those insights.”

• Building Capacity for a Specialized Infant-Toddler Workforce: First3Years continues to provide trainings and mentoring that enables professionals in the field to apply current developmental research to their work with families. In 2018, more than 2,570 individuals participated in nearly 12,500 hours of training. Participants’ feedback highlights how “Understanding trauma informed care helps me (the professional) serve my maternal/child health clients better.”

• Celebrating the Critical Importance of the 1st Three Years: 2018 was a year of planning to launch Baby Day™ (February 2019) – the first celebration in the country to highlight how wonderful the early years are for early brain development. Nearly 1,500 individuals participated in activities across the state that promoted bonding and delight.

Together, we’re making a big impact in the lives of families across Texas. Thank you for all that you do, and your trust in First3Years as the voice for babies in Texas.

Sincerely,

Sadie Funk    Hillary Kramer Lynch
Chief Executive Officer  Board President
THE MISSION OF FIRST3YEARS IS TO EDUCATE, ADVOCATE, AND COLLABORATE TO ADVANCE THE HEALTHY DEVELOPMENT OF INFANTS AND TODDLERS.

**SAFE BABIES**
Safe Babes seeks to lessen the long-term impact of maltreatment on infants and toddlers in the foster care system. This program guides best practice & policies to increase the likelihood of family reunification and ensure that services for young children are developmentally informed.

**THE SAFE BABIES PROGRAM PROVIDES:**
- Coordinated and mental health care for children and birth families
- Training and technical assistance to child welfare professionals

**2018 REVENUE**
- Donations (29%)
- Grants (56%)  
- Program Services (12%)

**2018 EXPENSES**
- Program Services (49.4%)
- Management (5.1%)
- Fundraising (5.5%)

**104,300+**
Total Number of Children Impacted by First3Years

**2,571**
Total Number of Professionals Reached in 2018

**753**
Total Number of Online Participants

**1,818**
Total Number of Onsite Participants

**CONFERENCES**
The Infant Mental Health Advocacy Conference, held in Houston, featured keynote Dr. Joshua Sparrow, who spoke about the limitations in research that seeks to understand parenting from a white academic perspective and the need to challenge this dominant approach. Judge Bonnie Hellums was awarded the Brazelton IMH Advocacy Award for her work on behalf of infants, toddlers and families in the Harris County courts system.

The Austin Regional Conference highlighted Mental Health Consultation as an important intervention to prevent and reduce the impact of mental health problems in very young children.

**PROFESSIONAL DEVELOPMENT**

**1,260,473**
2018 REVENUE

**1,074,734**
2018 EXPENSES

**1,002,782**
Cash and Cash Equivalents

**2,000**
Accounts Receivable

**1,004,782**
TOTAL ASSETS

**30,592**
Accounts Payable & Accrued Expenses

**30,592**
TOTAL LIABILITIES

**362,946**
Unrestricted, Unallocated

**318,840**
Unrestricted, Board Designated

**292,404**
Restricted

**974,190**
TOTAL NET ASSETS

**1,004,782**
TOTAL LIABILITIES AND EQUITY

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Cash and Cash Equivalents

**2,000**
Accounts Receivable

**1,004,782**
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TOTAL LIABILITIES AND EQUITY

**Baby Day**
First3Years launched the Baby Day website (https://babyday.us), a tool that will provide resources to child caregivers year round. In its inaugural year (2019), nearly 1,500 adults and children participated in activities that promoted bonding and delight in five cities across the state.

**2013**
$300,100

**2014**
$400,000

**2015**
$600,500

**2016**
$599,017

**2017**
$1,026,738

**2018**
$1,260,473
THANK YOU TO OUR SUPPORTERS

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Natalie Fellows | Marketing and Communications Director
Christy Serrano | Regional Director, Houston
Matthew Willoughby | Safe Babies Coordinator
Tasha Muhammad | Professional Development Coordinator
Brinkley Castro | Executive Assistant
Kimberly Morris | Marketing Intern
Mackenzie Wolfe | Safe Babies Intern
Kay Hopper | Volunteer

2018 Par-Tee for Babies Golf Tournament

Amelia and Norah Fellows

Lilly Borthick