



OUR MISSION: WE EDUCATE, ADVOCATE, AND COLLABORATE TO ADVANCE THE HEALTHY DEVELOPMENT OF INFANTS AND TODDLERS.

We are the only statewide organization in Texas focused on optimizing social and emotional health and development of children zero to three years of age. Annually, we impact more than 100,000 children through training, advocacy, and mentoring.

Research on early brain development demonstrates that the most important pathways to lifelong behavioral competence, positive social relationships, and good mental health are formed during the first three years of life.



EDUCATE:

professionals working with infants, toddlers, and their families about the vital importance of the first three years of life.

ADVOCATE:

for policies and practices that best support the healthy development of infants and toddlers.

COLLABORATE:

with statewide partners to enhance the quality of infant and toddler care and relationships.

FIRST3YEARS

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JOIN US TODAY

Become one of our hundreds of members and help us promote infant mental health.

COME TO OUR TRAININGS AND EVENTS

Join our mailing list and look out for events on our website:
www.first3yearstx.org

GET ENDORSED

Apply to earn the IMH-E® (Infant Mental Health Endorsed)* designation for best practice as an Infant Mental Health professional.

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Our Impact Lasts a Lifetime.