



TEXAS  
ASSOCIATION  
FOR INFANT  
MENTAL  
HEALTH

## TEACHING AND TRAINING IN CHILD CARE ON INFANT MENTAL HEALTH

**To Serve as the Basis of Endorsement for Infant Family Associate Candidates  
Betty Ann Ablon, M.S., IMH-E (IV)**

# Teaching and Training in Child Care on Infant Mental Health

To Serve as the Basis of Endorsement for  
Infant Family Associate Candidates

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**Betty Ann Ablon, M.S., IMH-E (IV)**  
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“Freud defined mental health as the capacity to work well and love well. For infants and young children, mental health may be defined as the capacity to grow well and love well” (Lieberman & Van Horn, 2008).

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